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# alumni news

ST. AMBROSE UNIVERSITY PHYSICAL THERAPY DEPARTMENT

## director's updates

The physical therapy faculty, staff and students would agree that this has been a very busy year in the department! The final MPT class graduated in December and performed exceptionally well on their licensure exams at a time when the national first time pass rate experienced a significant decline. Some alumni have reconnected with us in the Transition DPT program now offered by the department. Under the leadership of Dr. Kevin Farrell, this new program already enrolls more than 60 licensed physical therapists. Members of the Student Physical Therapy organization (SPTO) participated in several service events for the campus and local community. The SPTO also assisted the University of Iowa physical therapy students with the Wheels for the World mobility equipment drive to provide much needed equipment for developing countries. Program growth has resulted in the addition of a new full-time and one part-time faculty appointment. Faculty have been busy implementing changes associated with the conversion to DPT while remaining active in service, clinical practice and scholarship. You will find more information on all of these events in this issue. We also have included a list of updates sent to us from alumni. If you have news to share in a future issue, use the form on the last page to update us. If you talk with anyone who did not receive this issue, encourage them to contact us with current mailing information. We want to stay in touch!



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# new faculty

**Michael Puthoff**, PT, MPT joined the



St. Ambrose University Physical Therapy faculty this summer. Mike completed his bachelor of arts degree in psychology and master of physical therapy degree at Marquette University. He is currently a doctoral student at the University of Iowa, pursuing a

PhD in Rehabilitation Science with an emphasis in cardiopulmonary physical therapy. Mike will assist with the cardiopulmonary courses in the entry-level and post-professional DPT programs and other topics related to muscle training and gerontology. Mike also practices part-time at the Outpatient Rehabilitation and Bariatric Surgery Center at Genesis Medical Center in Davenport. He is an active member of the Iowa Physical Therapy Association and currently serves as chair of the research committee.

**Barb Ehrmann**, PT, MPT, MBA joined the



faculty during the spring semester as an adjunct instructor, coordinating lectures in pathology and medical management. Barb assumed a part-time faculty position with added teaching and service responsibilities in the department this fall. She holds a

bachelor's and master's degree in finance from the University of Iowa and completed her MPT degree at St Ambrose in 2002. Her clinical experiences include inpatient care, outpatient care, and industrial medicine settings. She remains active in clinical practice and a variety of local school and community service organizations.

## Transition Class Schedule

### Winterim 2005

DPT 810 **Advanced Diagnostics** (*Distance Education format*)  
December 20, 2004, materials distributed  
January 10, 2005, course exam due

### Spring 2005

DPT 790 **Evidence Based Practice**, March 5, 6 and March 12, 13

DPT 820 **Differential Diagnosis**, May 9–13

DPT 830 **Medically Complex Patient**, May 16–20



▲ Beth Bryant, Roger Streu, Karen Berg, Chrissy Davidson, Marissa Heinz practicing techniques in PT lab.



▲ Karen Berg, Chrissy Davidson, Beth Bryant, Marissa Heinz, Jon Gallas, Roger Streu discussing cases.

# Transition DPT Update

The Transition DPT program has experienced tremendous development and growth in its initial year. Although applications only became available in August 2003, the interest in the program has been outstanding, with nearly 300 requests for applications and 55 formal applications received to date. The first students began taking classes just last summer. So far there have been over 60 students enrolled in courses. Of those accepted, 12 are SAU-MPT alumni and 20 alumni have enrolled in transition courses. It is anticipated that the first students to complete the program will graduate as early as December 2004. We have been very pleased that so many alumni and practicing clinicians value this opportunity and have taken advantage of the quality program offered through our department.

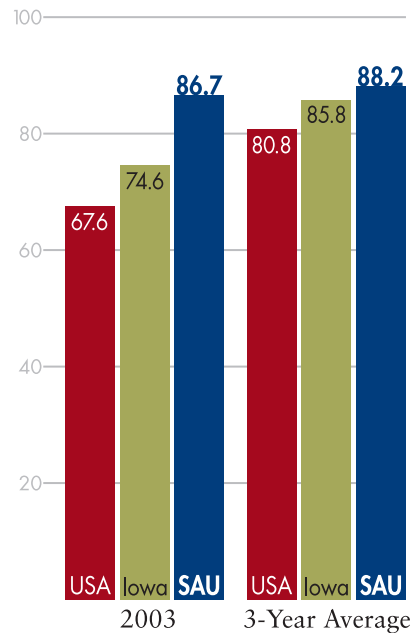
The interest and growth in the Transition DPT program has grown beyond our own campus. Last spring, we began offering our transition courses at Great River Medical Center in Burlington, Iowa. The first class offered, Evidence Based Practice, enrolled 35 students. We will be offering each course one time at this site and have already begun discussions with another facility to potentially offer our program at their location. If you haven't taken advantage of this outstanding opportunity, don't hesitate to contact our department at 563-333-6403.

Dr. Kevin Farrell is the chair of the transition program. If you want to speak to him directly call 563-333-6405 or e-mail him at [FarrellKevin@sau.edu](mailto:FarrellKevin@sau.edu). We look forward to having you join the growing numbers of fellow alums making the "transition" to the DPT. Remember, SAU Physical Therapy alumni are entitled to a one-third tuition discount when enrolling in this program. You can also find helpful information about our post-professional program, including a listing of the course offerings, information on applying, and answers to some frequently asked questions on the department Web site at <http://web.sau.edu/pt/TDPTMissionetc.htm>



▲ Andy Utsinger '97 and Tim Collins '99 taking advantage of the alumni discount as Transition DPT students.

## NPTE First-Time Pass Rate



## Physical Therapy Opportunities Listed on SAU Web Page

Information on many professional opportunities from around the country arrives in our offices every week. For your convenience, these openings are now listed on the Career Development Web page. Visit this Web site at: [www.sau.edu/cdc/newsite/fulltime.htm](http://www.sau.edu/cdc/newsite/fulltime.htm)



We also have copies of the information posted on the bulletin board and in our Jobs Notebook, if you care to stop in the department. If you are aware of openings, please send details and contact information to [pt@sau.edu](mailto:pt@sau.edu).

# faculty scholarship

*In the past year, faculty have been actively involved in a variety of scholarly activities.*

## Publications

McCroly JL, Quick NE, Shapiro R, **Ballantyne BT**, McClay-Davis IS. The effect of a single treatment of the Protonics systems on biceps femoris and gluteus medius activation during gait and the lateral step up exercise. *Gait & Posture*, 19:148–153, 2004.

Ireland ML, Willon JD, **Ballantyne BT**, McClay-Davis IS. Hip strength in females with and without patellofemoral pain. *J Orthop Sports Phys Ther*, 33:671–676, 2003.

Ott SM, Ireland ML, Pace J, **Ballantyne BT**, McClay-Davis IS. Comparison of outcomes between males and females after anterior cruciate ligament reconstruction. *Knee Surg, Sports Traumatol, Arthrosc*. 11:75–80, 2003.

Brown M, Kern F, **Barr J**. How do we look? Functional Aging within the Physical Therapy Community. *Journal of Geriatric Physical Therapy*. 26(3):17–25, 2003.

Rakel B, **Barr JO**. Physical modalities in chronic pain management. *Nurs Clin North Am*. 2003 Sep;38(3):477–494.

Evans CC, **Cassady SL**, Sudden Cardiac Death in Athletes: What Sport-Rehabilitation Specialists Need to Know. *J Sport Rehabil*. 2003;12:259–271.

**Cassady SL**. Cardiovascular Pathophysiology. In Deturk WE and Cahalin LP. *Cardiovascular and Pulmonary Physical Therapy: An Evidence-Based Approach*. McGraw-Hill, New York, NY, 2004; 123–150.

DeTurk WE, **Cassady SL**. Essentials of Exercise Physiology. In Deturk WE and Cahalin LP. *Cardiovascular and Pulmonary Physical Therapy: An Evidence-Based Approach*. McGraw-Hill, New York, NY, 2004; 35–72.

**Farrell KP**, Johnson A, Mackey H, Offenbacher T, Curray C. The Intertester and Intratester Reliability of Hand Volumetrics. *Journal of Hand Therapy*, 16(4) fall 2003.

## Published Abstracts

**Farrell KP**, Albers A, Frank B, McGrane D, Thoma S, Vortman M. Electromyographic Activity of Shoulder Musculature in Codman's Pendulum Exercise and Active Range of Motion in Patients with Shoulder Pathology. *J Orthop Sports Phys Ther*. 2004, 34(1):34; Abstract.

**Frank LM**, Riley NA, Swanson C, Trapkus J. Pilot Study: Are Visual Markers in the Home Environment Effective in Improving Parkinsonian Gait? *Neurology Report* 2003; 27(4):166. Abstract.

**Lampe K**, Anderson L, Best A, Cannegieter L, Nedved S. Factors Associated with persistent diastasis rectus in women. *Journal of the Section on Women's Health*, 2003; 27(3):3. Abstract.

## Presentations

**Farrell KP**, Albers A, Frank B, McGrane D, Thoma S, Vortman M. Electromyographic Activity of Shoulder Musculature in Codman's Exercise and Active Range of Motion in Patients with Shoulder Pathology. Poster presentation at APTA Combined Sections Meeting, Nashville, TN, 2004.

**Frank LM**, Riley NA, Swanson C, Trapkus J. Pilot Study: Are Visual Markers in the Home Environment Effective in Improving Parkinsonian Gait? Poster presentation at APTA Combined Sections Meeting, Nashville, TN, 2004.

**Lampe K**, Anderson L, Best A, Cannegieter L, Nedved S. Factors associated with persistent diastasis rectus in women. Poster presentation at APTA Combined Sections Meeting, Nashville, TN, 2004.

## Ballantyne Receives IPTA Clinical Research Award

Faculty member Bryon Ballantyne was honored as this year's recipient of the Iowa Physical Therapy Association's Clinical Research award. The award was presented at the IPTA spring conference in Ames on April 24. Bryon was recognized for the publication of several articles over the past year. These papers are listed at left.



## RESEARCH DAY

April 16, 2004



▲ Second year DPT students, Jennifer Vaughan and Katrina Hird explain their research project to Dr. Cassady during Research Day on April 16.



▲ Alenda Overland, Teresa Nefzger, Kat Stolarczyk and Dr. Kevin Farrell pose in front of their poster.



▲ Jessica Anderson, John Brandt, and Jill Friedrich are happy to reach the end of "Research Day."



▲ Bryon Ballantyne, Sarah Ebner, Katie Lutyens-Will, Kristin Hermann, and Brian Koeppen

## Wheels for the World

In April, the St. Ambrose Student PT Organization (SPTO) worked with the University of Iowa Physical Therapy graduate program to conduct a mobility equipment drive in conjunction with Wheels for the World (WFTW).

It is estimated that more than 150 wheel chairs were collected, with approximately another 100 pledged for donation. Additionally, over \$4000 was donated to restore and distribute this equipment. Our SAU drop site collected 26 manual wheelchairs, 2 power wheelchairs, 8 sets of crutches, 6 strollers, 3 car seats and 3 folding walkers. Over a two-day period, 20 DPT students, 4 MOT students and 1 PT department faculty member staffed the collection site.

Dr. John Barr served as a member of the planning committee. Special thanks to: Julie Bajema, 2nd year DPT student (for coordinating and overseeing our local donation site), Mindy Koch (2nd year DPT student, for creating donation site signs), Jim Hannon and Physical Plant staff (for making the donation site available and usable), Ted Stephens of Communications and Marketing (for setting up our website [www.sau.edu/pt/wheelsfortheworld](http://www.sau.edu/pt/wheelsfortheworld)), Duke Schneider and Amy Hoover (TV-11, for creating the localizing tag for our informational video tape).

Since 1994, the WFW ministry started by Joni Earekson Tada has conducted 64 missions to distribute more than 20,000 wheelchairs in 60-plus countries.



## Still Spiking for the Health of It!

The SPTO annual co-ed volleyball tournament *Spike, for the Health of It!* was held in April. Seven teams, four from the community and three made up of Ambrose physical therapy students, participated in the tournament. The champions were the Orange Juicers. Coordinator for this year's tournament was second year DPT student Jessica Anderson. Tournament tee-shirts are available for \$5, plus postage.

# alumni updates

## Class of '96

**Amy (Babcock) Fowlkes** lives in Menlo Park, Calif. She married John Fowlkes on October 19, 2002. Amy is the director at an outpatient orthopedic clinic.

**Sue (Kaufman) Gunn** is residing in Greensboro, NC.

**Kevin Manning** is back with the VA in Florida. He is very happy to be back in the medical field.

**Todd** and Linda **Mourning** and sons Tate and Levi have moved to Lincoln, Ill.

**Jeff Zimmerman** is working at a new orthopaedic hospital in the Omaha area and is now a certified OCS. Jacque, Alex (7), Annika (5), and Amelia (2) helped him celebrate this board certification.

## Class of '97

**Tim Carpenter** is the out-patient director at the HealthSouth Rehabilitation Hospital in Wichita Falls, Texas.

## Class of '98

**Alane** and Doug **Curry** celebrated the arrival of their first child in May.

**Kathryn Bailey Ellsworth** was hired in August to start the industrial medicine program for Genesis. She has moved back to the QC and was married to Harvey Ellsworth on October 11 in Davenport.

**Kim, Cory, Haley** and Cameron **Green** still live in Springville, Utah. Kim works with babies and toddlers at the Provo Early Education Program (PEEP).

**Brad Kruse** is now Sports Clinical Specialist certified.

**Shannessy Schultes** is a traveling Physical Therapist whose 2003 experiences took her to Iowa, to Monterey, California and back to Iowa. Travels in 2004 have included Brazil.

## Class of '99

**Michelle (Ash) and James McDowell** welcomed baby Anna into their family on July 4. She arrived early, but is now doing fine. Michelle is now working part-time.

**Jay Northrup** is working in the Department of Family Medicine at Wayne State University in Detroit conducting research and writing grants.

**Corrie (Hall) Searles** is working at Sturgis Community Health Care Center in Sturgis, SD. She and her husband Galen have a baby boy born May 2003.

## Class of '00

**Jason and Andrea Elgin** welcomed Kaitlyn Elizabeth into their family on November 19, 2003.

**Heather Flynn** has decided to move out of the hospital environment into a private clinic. She and her family will remain in the same general community of Freeport, Ill.

**Terri Harmelink** is a part-time staff PT in Sioux Falls, SD at Avera McKennan Hospital. She really "enjoys working in the NICU there." She also enjoys being part-time so that she has more time to spend with their kids.

**Troy** and Melissa **Madlena** welcomed a new member to their family in fall 2003.

**Clark Ullerich** works with the area education agency in Ottumwa, Iowa. (see related article next page)

**Jeff** and Jennifer Shoaff **Schroder** are proud to announce that they were married in Fort Collins, Colo. on August 3, 2003. They reside in Champaign, Ill.

## Class of '01

**Sally (Pessman) Byrnes** and her husband Tom relocated to the Omaha area in June 2003. Sally is working for Aegis Therapies in Gretna and Ashland, Neb.

**April** and Ben **Kent** and son Noah (born 2/23/04) moved back to Iowa in July.

**Melissa Hansen** is starting a pediatric program to include both outpatient and home health care. She and Ted live in Pella and as of April have a baby boy, Keegan.

**Teresa Schroeder** was certified as a lymphedema therapist in May 2003. She continues to work primarily in acute care at Mercy Hospital in Clinton, Iowa.

## Class of May '02

**Becky Barclift** has moved to Newton. Her husband Rich served in Iraq.

**James Evers** was married in September 2003. He is currently the Center Therapy director at Concentra Medical Center in Bloomingdale, Ill. His primary practice areas are Outpatient Orthopedics and Occupational Health.

**Jon Gallas** is working in an outpatient orthopedic clinic in Rockford, Ill. They made the big step into home ownership in April.

**Chad** and Lora **Petitt** welcomed Dylan to their family in Sheldon, Iowa, during the summer of 2003.

**Kate Prindiville** reported that she is enjoying traveling as a PT. In 2003 she worked in Carbondale, Ill, Oroville, Wash., and Peru, Ill.

**Renae** and Bob **Rombach** welcomed Kaitlyn Renae on February 25. Bob is building their first home in Grantsburg, Wis. They hope to move this fall.

## Class of Dec '02

**Kris** and Brian **Altena** moved into their new home in January, in Little River, SC. They are thoroughly enjoying the beach.

**Doug** and Heidi **Groneman** now have four children, Katherine Sarah arrived on March 26, 2004.

**Janel** and Chris **Trapkus** are the proud parents of Parker Logan, born March 13, 2004.

## Class of '03

**Amy Albers** is working in White Bear Lake, Minn.

**Misti Ferguson** arrived in Galesburg, Ill., for her first professional assignment at Cottage Rehab and Sports Medicine.

**Sommer Gualdoni** accepted a PT Position with ATI Physical Therapy, an outpatient ortho clinic in the Chicago area.

### Freeseeman in Korea for 2003 World University Games

Dave Freeseeman '99 was one of seven athletic trainers chosen by the US Olympic Committee to support the nine US teams competing at the 2003 World University Games in Daegu, Korea. "It's a great honor to be selected as part of the USA medical staff for this event and a great opportunity for me to work with some of the top US athletes," states Dave.

Dave, a physical therapist at Iowa Methodist's Orthopaedic and Sports Medicine Center in Des Moines, applied for this opportunity in 1997. As part of the requirements, he had to be a certified athletic trainer and participate in a two-week training experience at the US Olympic Training Center. Based on his participation, Dave could be considered for similar opportunities at future Olympic events.

### The Student Physical Therapy Organization (SPTO)

promoted National PT Month last October by conducting body composition analysis for 85 campus community members. SPTO members performed noninvasive bioelectrical impedance and near infrared interactance analyses. They explained how body composition analysis relates to health, and the roles of physical therapists in healthcare. Brochures from the Iowa PT Association and copies of PT Magazine's supplement "For Your Health" were also provided. Special recognition goes to DPT students Katrina Hird (brochure development), Mindy Koch (technical support) and DPT student volunteers Katie Lutyens-Will, Kristin Hermann, Amy Gustafson, Anna Scoglietti, Julie Bajema, Tammy Schultz, Kristin Kelley, Kristin Krasowski, Teresa Nefzger, Angie Berg, Jennifer Vaughan and Jenny Ferguson. Department Director and Professor Sandra Cassady, PT, PhD, FAACVPR, provided technical assistance. Professor John O. Barr, PT, PhD, is the faculty advisor for the SPTO.



### Clark Ullerich's 2000 Mission Trip To Bolivia

Clark Ullerich '00 (above), examines a villager as part of his work with Project Helping Hands during a trip to Bolivia last summer. Three teams of physicians, nurses, nurse practitioners, physician assistants, pharmacists and physical therapists staffed medical clinics in small villages. In March, Clark shared his experiences with the Explorers group sponsored by the PT department.

## Congratulations MPT Class of 2003!

Members of the St. Ambrose University MPT Class of 2003 celebrated with a weekend of special events including the commencement ceremony at the Davenport River Center on December 13. The preceding evening, the graduates, family, friends, faculty and staff participated in the Annual Department Graduation Dinner and Hooding Ceremony at the Blackhawk Hotel. Kathie Lampe was the keynote speaker. Amy Albers, Ali Bell and Sarah Nedved addressed their classmates. Sarah Nedved received the department's student scholarship. Lisa Cannegieter received the Joy Michelsen Pediatric Award. The graduates selected Rob Anderson, PT for his outstanding contribution as an adjunct faculty member. PT faculty nominated Ali Bell for the IPTA Foundation Scholarship as the outstanding physical therapy student in the Iowa. Ali was a recipient of this year's award. Graduates scored exceptionally well on the National Physical Therapy Examination scoring nearly 20 percent above the national first-time pass rate.



### New University Center Opens

Physical Therapy students are enjoying the new university center that opened in July, and was dedicated and named in honor of President and Mrs. Rogalski during Homecoming. The center houses student services such as the post office, game room, study lounge, food court, health and counseling services, and career center. A ballroom that can seat 600 for dinner or accommodate 1000 for lectures is proving to be an excellent conference center for on- and off-campus organizations to hold events. This fall the PT Department hosted a PT Student Alumni Reunion and SE Iowa Physical Therapy Association District Meeting in the Rogalski Center. You can find out more about the center at [www.sau.edu/universitycenter](http://www.sau.edu/universitycenter).

## Let us know what you're doing!

Your full name \_\_\_\_\_

Spouse's name \_\_\_\_\_

Children's names and ages \_\_\_\_\_  
\_\_\_\_\_

Address \_\_\_\_\_

Home phone \_\_\_\_\_ Cell \_\_\_\_\_

Home email \_\_\_\_\_

Your current title \_\_\_\_\_

Employer \_\_\_\_\_

Name and title of supervisor \_\_\_\_\_

Address of current practice \_\_\_\_\_

Patient mix includes \_\_\_\_\_

- Our facility  is a clinical site  
 would like to be an SAU clinical site

Tell us about your professional accomplishments, new certifications, awards, promotions, as well as your personal life changes—marriages, engagements, new additions to your family, etc. Please write your comments as clearly as possible in the space provided below or on a separate sheet of paper.

Return completed form to: Physical Therapy Department, St. Ambrose University, 518 W. Locust Street, Davenport, IA 52803  
or online at [www.sau.edu/pt/alumni](http://www.sau.edu/pt/alumni) or by email to [pt@sau.edu](mailto:pt@sau.edu)