

Katherine E. Lampe, PT, MPT, CWS, FCCWS
Assistant Professor
Physical Therapy Department
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Education: St. Ambrose University
Davenport, Iowa
2004 – Present
Transition Doctor of Physical Therapy Program

University of Iowa
Iowa City, Iowa
1985-1987
Physical Therapy, MA

Loras College
Dubuque, Iowa
1981-1985
General Science, BS

Licensure Information/Registration Number:

Licensure-Iowa, Physical Therapy License #1443, Biannual Renewal

Certifications:

Certified Wound Specialist, American Academy of Wound Management, 1998
Fellow in the American College of Certified Wound Specialists – 2005

Employment and Positions Held:

Assistant Professor, Physical Therapy Department, St. Ambrose University,
Davenport, IA, 7/98 to present

Part-time Staff Therapist, Mercy Rehabilitation, Bellevue, IA, 1996 – present

On-call Staff Therapist, Jackson County Hospital, Maquoketa, IA, 1994 - 2000

Instructor, Physical Therapy Department, St. Ambrose University, Davenport, IA,
7/94-7/98

On-call Therapist, Comprehensive Rehab, Dubuque, IA, 1994 – 1996

On-call Staff Therapist, St. Luke's Hospital, Cedar Rapids, IA, 1992 – 1995

Staff Therapist, Pinnacle Rehabilitation, Cedar Rapids, IA, 1992 - 1995

Lecturer, Physical Therapy Graduate Program, the University of Iowa, Iowa City, IA, 7/92-6/94

Staff Development/Clinical Education Coordinator, St. Luke's Methodist Hospital, Cedar Rapids, IA, 1990 – 1992

Volunteer clinical faculty member at the following universities: University of Kentucky, Lexington, KY, University of Nebraska, Omaha, NE, University of Wisconsin, Madison, WI, 8/90 – 7/92

Clinical Specialist, General Medical/Surgical Service, St. Luke's Methodist Hospital, Cedar Rapids, IA, 1989 – 1990

Staff Physical Therapist, St. Luke's Methodist Hospital, Cedar Rapids, IA, 1987 - 1989

Peer Reviewed Publications:

Lampe K. The General Evaluation. In: Kloth LC, McCulloch JM (ed). *Wound Healing: Alternatives in Management*. 4th Ed. FA Davis, Philadelphia, PA (in press).

Lampe K. Chronic Venous Disease: Examination, Evaluation, and Intervention. *Cardiopulmonary Physical Therapy Journal*, 2004; (15)1:13-22.

Lampe K. Wound Evaluation. In: Kloth LC, McCulloch JM (ed). *Wound Healing: Alternatives in Management*. 3rd Ed. FA Davis, Philadelphia, PA (2001).

Lampe K. Obstetrical/gynecological referral patterns to physical therapy. *Women's Health Section Journal*, 1998;. (22)2:6-9.

Lampe K. Electrotherapy: tissue healing and repair. *Hand Therapy Journal*, 1998; (11)2:131-139.

Published Abstracts of Peer Reviewed Presentations:

Lampe KE, Farrell KP. Adhesive Capsulitis Following Electrical Shock; *Journal of Orthopaedic and Sports Physical Therapy*, 2005, 35(1):A61; * Also presented as a poster at APTA Combined Sections Meeting, New Orleans, LA 2005.

Lampe KE, Boileau C, Lotts C, Orfitlli J, Smith D. Retrograde Venous Blood Flow in the Lower Extremities of Weigh Lifting and Non-Weightlifting Collage Age Males; *Journal of Orthopaedic and Sports Physical Therapy*, 2005, 35(1):A49; * Also presented as a poster at APTA Combined Sections Meeting, New Orleans, LA 2005.

Lampe K, Anderson L, Best A, Cannegieter, L, Nedved S. Factors associated with persistent Diastasis Rectus in women. *Journal of Section on Women's Health*, Dec. 2003; 27(3):33.

Lampe K, Heitzman J, et al. Wound management curricula in accredited, entry-level physical therapy assistant programs. *Phys Ther*, 1999; 78:544.

Lampe K, Brandenberg J, et al. Utilization and training of physical therapy aides/technicians. *Phys Ther*, 1998; 78:584.

Lampe K, Farrell K et al. Collaborative efforts in entry-level physical therapy and occupational therapy programs. *Phys Ther*, 1997; 77:S12.

Peer Reviewed Scientific and Professional Presentations:

Lampe KE, Farrell KP. Adhesive Capsulitis Following Electrical Shock; APTA Combined Sections Meeting, New Orleans, LA 2005 (Poster Presentation)

Lampe KE, Boileau C, Lotts C, Orfitelli J, Smith D. Retrograde Venous Blood Flow in the Lower Extremities of Weight Lifting and Non-Weightlifting Collage Age Males; APTA Combined Sections Meeting, New Orleans, LA 2005 (Poster Presentation)

Lampe K, Anderson L, Best A, Cannegieter C, Nedved S. Factors Associated with Persistent Diastasis Rectus in Women. APTA Combined Sections Meeting, Nashville, TN, February 2004 (Poster Presentation)

Lampe K. Occupational Activity During Pregnancy: A Study of Practicing Physical Therapists. Combined Sections Meeting of APTA. February 2003 (Poster Presentation)

Dexter J, Hunsader C, O'Connor S, Sackett C, Lampe KE, Cassady SL. Relationship between Ankle Brachial Index and Function Measured by the Six-Minute Walk Test. IPTA State Meeting, Des Moines, IA March 2001 (Poster Presentation)

Lampe K, Heitzman J, Sussman C, Mueller A, Ballard-Ward K. Wound Management Curricula in Accredited, Entry-Level Physical Therapy Programs. APTA Scientific Meeting and Exposition, Washington DC, June 1999 (Poster Presentation)

Lampe K, Ballard-Ward K, Mueller A, Heitzman J, Sussman C. Wound Management Curricula in Accredited, Entry-Level Physical Therapy Programs. APTA Combined Sections Meeting, Seattle, WA, February 1999 (Poster Presentation)

Anderson A, Flynn S, Lampe K. Manager's Perception of Part-time Female Physical Therapists. APTA Combined Sections Meeting, Seattle, WA, February 1999 (Poster Presentation)

Lampe K, Brandenberg JM, Gray EG, Haveman JS. Utilization and Training of Physical Therapy Aides/Technicians. APTA Scientific Meeting and Exposition, Orlando, FL, June 1998 (Platform Presentation)

Johannsen M, Kendrick M, Lampe K. Obstetrical/Gynecological Referral Patterns to Physical Therapy. APTA Combined Sections Meeting, Boston, MA, February 1998 (Platform Presentation)

Lampe K, Farrell K, Cassady S. Collaborative Efforts in Entry-Level Physical and Occupational Programs. APTA Scientific Meeting and Exposition, San Diego, CA, May 1997 (Poster Presentation)

Abstracts

Non-Peer Reviewed Publications:

Book Review for *JOSPT*, Published 2000; 30(6). Infection Control in Home Care, Rhinehart, Friedman, and Gaithersburg, Aspen Publishers.

Book Review for *JOSPT*, Published 2000; 30(1). Travell and Simon's Myofascial Pain and Dysfunction: The trigger point manual, vol. 1, upper half of body, Simons DG, Travell JG, William and Wilkins

Book Review for *JOSPT*, Published 1999; 29(11):692. Exercise Prescription, Shankar K, Hanley & Belfus, Inc.

Book Review for *Cardiopulmonary Physical Therapy Journal*, Published 1998; 9(3):20. Heart to heart: a guide to the psychological aspects of heart disease, Budnik HN, Health Press.

Non-Peer Reviewed Presentations:

- 2007 Updated on the Physical Therapy Management of Patients with Cardiovascular and Pulmonary Disease, Iowa Physical Therapy Meeting, Ames, IA
- 2003 Electrotherapy for the Hemiplegic Shoulder, Combined Sections Meeting of APTA.
- 2002 Advances in Ultrasound/Electrical Stimulation, Mercy Hospital, Dubuque, IA
- 2001 Essentials of Wound Management, Black Hawk College, Moline, IL
- 1997 Stress Reduction/Relaxations Training, Jackson County Hospital, Maquoketa, IA
- 1996 Care of the Diabetic Foot, Jackson County Hospital, Maquoketa, IA
- 1994 Current Trends in Wound Care, SE District Meeting, IPTA, Ottumwa, IA
- 1992 Effective Teaching in Clinical Education: Preparation and Feedback. Co-presented with Joe Leone, LPT, St. Luke's Hospital. St. Luke's Methodist Hospital, Cedar Rapids, IA
- 1992 Stress Reduction/Women's Health Care Conf., Cedar Rapids, IA.
- 1992 Biofeedback. Marion High School, Marion, IA
- 1991 Exercise and chronic fatigue. Chronic Fatigue Support Group, Cedar Rapids, IA
- 1991 Wellness. STAR support group, Mount Mercy College, Cedar Rapids, IA
- 1991 Labor and delivery TENS. Childbirth Educators, Cedar Rapids, IA
- 1991 Biofeedback lecture, St. Luke's physical therapy technician training course, St. Luke's technician training course, St. Luke's Hospital, Cedar Rapids, IA
- 1990 Thermal agents lecture, St. Luke's physical therapy technician training course, St. Luke's Methodist Hospital, Cedar Rapids, IA
- 1988 Wellness and exercise. "I can cope" Cancer support group, Cedar Rapids, IA

Funded/In Review Grant Activity:

Fall 1997 Title III Grant, New technology in MPT 570 Physical Agents (\$1,000)
Fall 1995 Title III Grant, New technology in MPT 610 Topics in Clinical Medicine (\$1,000)

Other Scholarly Products:

Lampe K. The General Evaluation. In: Kloth LC, McCulloch JM (ed). *Wound Healing: Alternatives in Management*. 4th Ed. FA Davis, Philadelphia, PA (in press).

Lampe KE, Farrell KP. Adhesive Capsulitis Following Electrical Shock: A Case Study – manuscript in progress

Patient with chronic wound and silver dressing: annotated bibliography – in progress

Update on the Physical Therapy Management of Patients with Peripheral Vascular Disorders - upcoming continuing education program

Research Activity:

Treatment based classification system for neck pain – in progress

Continuing Education Workshops Organized:

Pharmacology in Rehabilitation. Charles Ciccone, presenter. The University of Iowa, Physical Therapy Graduate Program, Iowa City IA (Total Contact Hours: 10) , 1993

Instructing Physical Therapy Students in the Clinic: Effective Classroom Teaching (TIPS). Sandra Stork, presenter. The University of Iowa, Physical Therapy Graduate Program, Iowa City IA (Total Contact Hours: 6.5), 1993

Creating Educational Excellence: Effective Classroom Teaching (TIPS). Sandra Stork, presenter. The University of Iowa, Physical Therapy Graduate Program, Iowa City, IA (Total Contact Hours: 8.5), 1993

Evaluating and Treating the Arthritic Hip. Donald Neuman, featured presenter. The University of Iowa, Physical Therapy Graduate Program, Iowa City, IA (Total Contact Hours: 10), 1992

Physical Therapy As Your Future: From Application to Practice. Coordinated with Byron Bork. The University of Iowa, Physical Therapy Graduate Program, Iowa City, IA, 1992

Clinical Perspectives on Health Promotion and Adult Fitness. David Nielsen and Sandra Cassady, presenters, St. Luke's Methodist Hospital, Cedar Rapids, IA (Total Contact Hours: 11), 1992

Office Ergonomics. Carol Schueller and Lisa Bunting, presenters, Southeast Iowa Physical Therapy District meeting, St. Luke's Methodist Hospital, Cedar Rapids, IA (Total Contact Hours: 1), 1992

Effective Teaching in Clinical Education: Preparation and Feedback. Kathie Lampe and Joe Leone, presenters, St. Luke's Methodist Hospital, Cedar Rapids, IA (Total Contact Hours: 2), 1992

Temporal Mandibular Joint. Lisa Bunting, presenter, St. Luke's Methodist Hospital, Cedar Rapids, IA (Total Contact Hours: 3), 1992

Ankle / Foot Orthotics. Kim Parson, presenter, St. Luke's Methodist Hospital, Cedar Rapids, IA (Total Contact Hours: 2), 1991

Basic Overview for Amputees. Kim Parson, presenter, St. Luke's Methodist Hospital, Cedar Rapids, IA (Total Contact Hours: 3), 1991

Neurodevelopmental Treatment. Aparna Mohan, presenter, St. Luke's Methodist Hospital, Cedar Rapids, IA (Total Contact Hours: 12), 1991

Pediatric Workshop. Maggie Thomas, presenter, St. Luke's Methodist Hospital, Cedar Rapids, IA (Total Contact Hours: 2), 1991

Advancing Skills in Treatment of Musculoskeletal Dysfunction in the Pregnant Client. Marla Boukhout, presenter, Joint Coordination with OB / GYN section of APTA, St. Luke's Methodist Hospital, Cedar Rapids, IA (Total Contact Hours: 15), 1991

Motor Control. Aparna Mohan, presenter, St. Luke's Methodist Hospital, Cedar Rapids, IA (Total Contact Hours: 7.5), 1991

Membership in Scientific/Professional Organizations:

National Physical Therapy Exam Question Writer, Federation of State Boards of Physical Therapy, September to December, 2007

APTA Special Interest Groups member: Wound Management, Osteoporosis, Balance and Falls, 1998

American Physical Therapy Association member: Geriatric, Orthopedic, Women's Health and Electrophysiology Sections, 1993

American Physical Therapy Association member, 1988

National Strength and Conditioning Association, member, 1999 – 2001

American Physical Therapy Association (APTA), student member, 1985 - 1988

Consultative and Advisory Positions Held:

Manuscript Reviewer for Journal of Orthopedics and Sports Physical Therapy, 2001-present

Manuscript Reviewer, Advances in Skin and Wound Care, 2000-present

Osteoporosis Curricular Content Committee in the Osteoporosis Special Interest Group of the

Geriatrics Section of the APTA, 1999-2001

Wound Management Curricular Content Committee in the Wound Management Special Interest Group of the Section on Clinical Electrophysiology of the APTA, 1999-2001

Member of IPTA Education Committee, 1994-1999

Vice-Chair of the SE District of IPTA, 1994-1999

SE District of IPTA Advisory Board, 1994-1999

Kirkwood PTA Program Advisory Board, 1994-96

Consult on the Vol. II of *A Guide to Physical Therapist Practice* - Integumentary section, 1995

Community Service:

Bellevue Public Library Board member, 2005-present

St. Joseph's Church Handicap Accessibility Committee member, 2004-2006

St. Joseph's Parish Family Life/Social Concerns Committee member, 1996- 2005

Bellevue Horseman's Club member, 1995- 2003

Bellevue Community Club member, 1995- present

Member of St. Joseph's Catholic Church in Bellevue, Iowa, 1995-present

Marquette High School Booster Club; Parent Team Leader, 2004-2005 and 2007-2008; Co-President 2008-2009

Friend's of the Bellevue Library member, 1995-2005

Our church-Our school-Our future Capital Campaign to raise funds for St. Joseph's Parish and Bellevue area catholic schools. My husband and I solicited donations from the major gift donors in the Bellevue area, 2002

Joseph's School Booster Club member, 1996-1999

St. Joseph's Church Fall Festival, Co-Chair of Children's Games, 1995-1997

Commitment to the Future Campaign-Marquette/St. Joseph's Schools, Grade Captain with my husband to raise funds for a new education center for our parochial school system, 1996

Assisted the bible school teachers when needed at St. Mary's Church, Iowa City, IA. Assisted my son's teacher and room mother when needed for parties and special events, 1993-94

Active member at St. Mary's Catholic Church, Iowa City, Iowa, 1986-94

Collected money for the National Heart Association, 1993

Volunteered at the Mercy Hospital's Festival of Trees, 1993

Services to the University/College/School on Committees/Councils/Commissions:

Curriculum Committee, Physical Therapy Department, St. Ambrose University, Davenport, IA, 2005 – present

Research, Resources & Technology Committee, Physical Therapy Department, St. Ambrose University, Davenport, IA, 1995 – 2006

St. Ambrose University Accreditation Subcommittee per Criterion #1 (Mission and Integrity), St. Ambrose University, Davenport, IA, 2005

SAU Center for Teaching Excellence committee member, 2003-2005

Admissions Committee, Physical Therapy Department, St. Ambrose University, Davenport, IA, 1994-2005

Academic Support Committee, St. Ambrose University, Davenport, IA, 2001-2003

Co-Chair, Admissions Committee, Physical Therapy Department, St. Ambrose University, Davenport, IA, 2000-2002

Chair, Research, Resources & Technology Committee, Physical Therapy Department, St. Ambrose University, Davenport, IA, 1998-2002

Academic Support Committee, St. Ambrose University, Davenport, IA, Fall 2000

Council on the Status of Women, St. Ambrose University, Davenport, IA, 1996-1998

Co-Chair, Admissions Committee, Physical Therapy Department, St. Ambrose University, Davenport, IA, 1995-1998

Accreditation Committee, Physical Therapy Department, St. Ambrose University, Davenport, IA, 1994-1995

Curriculum Committee, Physical Therapy Department, St. Ambrose University, Davenport, IA, 1994-1995

Continuing Medical Education Department Liaison, The University of Iowa, Iowa City, IA
Physical Therapy Graduate Program representative, 1992-94

MPT Admissions and Financial Aid Committee, Physical Therapy Graduate Program, The University of Iowa, Iowa City, IA, 1992-94

Curriculum and Instruction Committee, Physical Therapy Graduate Program, The University of Iowa, Iowa City, IA, 1992-94

Honors and Awards:

St. Ambrose University Advisory Professor of the Year (GSGA), May, 2002

Continuing Education Attended:

Transition DPT Course, Integration Project (DPT 850), St. Ambrose University, Fall 2008

Transition DPT Course, Pharmacology (DPT 590), St. Ambrose University, August, 2007

Transition DPT Course, Medically Complex Patient (DPT 830), St. Ambrose University, Summer 2007

Transition DPT Course, Differential Diagnosis (DPT 820), St. Ambrose University, 3/19 – 3/23/07

Transition DPT Course, Evidence-Based Practice (DPT 790), St. Ambrose University, Spring, 2006

Transition DPT Course, Advanced Diagnostics (DPT 810), St. Ambrose University, 5/23 – 7/1/05

Transition DPT Course, Applied Anatomy and Physiology (DPT 800), St. Ambrose University, August, 2004

Combined Sections Meeting, APTA, Nashville, TN, February, 2004

Combined Sections Meeting, APTA, Tampa, Fl, 2/12 – 2/16/03

Current Teaching Responsibilities in the Entry-level Physical Therapy Program:

DPT 560: Physical Therapy Procedures I, Fall Semester

DPT 600: Issues in Patient Care, Fall Semester

DPT 570: Physical Agents, Spring Semester

DPT 674: Integumentary Therapeutics, Spring Semester