

Mark J. Levsen, PT, MA, OCS, SCS, FAAOMPT
Assistant Professor
Physical Therapy Department
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Education:

Perth, Western Australia
June 1993-August 1994
Orthopaedic Manual Physical Therapy
Certificate in Orthopaedic Manual Physical Therapy

University of Iowa
Iowa City, IA
1978-1983
Physical Education
Master of Arts

University of Iowa
Iowa City, IA
August 1979-June 1981
Physical Therapy
Certificate in Physical Therapy

Wartburg College
Waverly, IA
August 1968-June 1972
Undergraduate studies
Bachelor of Arts

Licensure Information/Registration Number:

Iowa / 01005
Illinois / 070-0044282

Certifications:

Board Certified by ABPTS in Orthopaedics
Board Certified by ABPTS in Sports Medicine
Fellow in American Academy of Orthopaedic Manual
Physical Therapists

Employment and Positions Held:

Faculty
Assistant Professor of Physical Therapy
Tenured
St. Ambrose University
Davenport, IA
1994-present

Staff Physical Therapist
Rock Valley Physical Therapy Center
Davenport, IA
1984-present

Staff Therapist and Director of Sports Medicine
Memorial Hospital
Lima, OH
November 1992-June 1993

Staff Therapist in Musculoskeletal Division
University of Iowa Hospitals and Clinics
Iowa City, IA
June 1991-November 1992

Co-Owner and CEO
Rock Valley Physical Therapy Center
Moline, IL
1984-1991

Faculty
Non-Tenured Instructor
Physical Therapy Department
University of Kansas
Kansas City, KS
1987-1988

Staff Therapist and Facility Manager
Henrico Institute of Physical Therapy
Richmond, VA
June 1983-July 1984

Peer Reviewed Publications:

Levsen MJ, Hansen ML, Kent AD, Sieren JJ, Thoreson JP, Farrell KP. Effects of Physical Therapist Training on Outcomes of Patients with Chronic Low Back Pain or Chronic Shoulder Pain. *The Journal of Manual & Manipulative Therapy*. 2001; 9(2):84-92.

Cassady SL, Levsen MJ, DeBrower A, Esters J, Kruse B, Miller A. Cardiorespiratory Responses to Abdominal Stabilization Exercises Performed on a Therapeutic Exercise Ball. *Journal of Cardiopulmonary Physical Therapy* 2001; 12(3):83-87.

Published Abstracts of Peer Reviewed Presentations:

Dougherty WJ, Gerdes MH, Layer SJ, Levsen MJ. The Non-Operative Care of ACL Injuries in Young Patients. Presenter: William Dougherty MD, University of Iowa Alumni Meeting. September 1983.

Peer Reviewed Scientific and Professional Presentations:

Cassady SL, Levsen MJ, DeBrower A, Esters J, Kruse B, Miller A., Cardiorespiratory Responses to Abdominal Stabilization Exercises, Utilizing a Therapeutic Exercise Ball presented by Mark Levsen PT, MA, AAOMPT Annual Conference, Orlando, FL. October 1999

Levsen MJ, Farrell KP, Cook T., Head Position of Shoulder Flexion presented by Mark Levsen PT, MA, ATPA Conference, Boston Massachusetts. June 1991

Non-Peer Reviewed Publications:

Therapeutic Exercise Manual (updated yearly)

Musculoskeletal Laboratory Manual (updated yearly), Evidence based approach.

Non-Peer Reviewed Presentations:

Manual Therapy For The Upper Quadrant, Peoria, IL, Evidence-based, April 2008.

Differential Diagnosis of the Lumbar Spine: A Validation of a Classification System, St. Ambrose University, Davenport, IA, South East Iowa District APTA Meeting, September 2007.

Wise Action, Davenport, IA, Evidence-based, May/June 2007

Manual Therapy For The Lower Quadrant, Iowa City, IA, Evidence- based, March 2004

Manual Therapy For The Upper Quadrant, Iowa City, IA, Evidence- based, January 2004

Adverse Neural Tension: Assessment and Treatment, University of Iowa Sports Medicine Symposium, Iowa City, IA, December 2003.

Funded/In Review Grant Activity:

Levensen, MJ. Grant III, Increase Technology in Musculoskeletal Courses, \$500.00, 1998

Other Scholarly Products

My research group is looking at manipulation vs mobilization in the treatment of acute low back pain.

Research Activity:

I am currently involved in a validation study through Rock Valley Physical Therapy

Continuing Education Workshops Organized:

John Tomberlin PT, FAAOMPT, The Science and Art of Treating Instability of the Lumbo-Pelvic Region, St. Ambrose University, Davenport, IA, August 25-27, 2006

David Johnson PT, PhD, FAAOMPT, Advanced Intervention For The Spine: An Eclectic Approach, St. Ambrose University, Davenport, IA, January 13-16, 2006

Membership in Scientific/Professional Organizations:

- American Physical Therapy Association, Sports Medicine section,
- American Physical Therapy Association, Orthopaedic section
- American Academy of Orthopaedic Manual Physical Therapist, Fellow status

Consultative and Advisory Positions Held:

Sports Medicine Consultant
Bettendorf High School
Bettendorf, IA
1998 to present

Physical Therapy Consultant for Youth Fitness
Bettendorf High School
Bettendorf, IA
2001-2002

Community Service:

- Physical Therapist providing pro bono services, 1984 to present.
- Several youth and high school wrestling tournaments, 2003-2007
- Head Coach, Southeast Little League, Davenport, IA, 2004-2006
- Scoliosis Screening, Bettendorf Middle School, Bettendorf, IA, 1995-2004
- Head Coach, Barnstormer Baseball U10, Davenport, IA, 2003

Services to University/College/School on Committees/Councils/Commissions:

- Faculty Committee, St. Ambrose University, Davenport, IA, 2007-2008
- Post Professional Committee, St. Ambrose University, Davenport, IA, 2007-2008
- Involved in Orthopaedic Clinical Residency, St. Ambrose University, Davenport, IA, 2007-2008
- Admissions Committee, St. Ambrose University, Davenport, IA, chair for three years
- Vision 2020, St. Ambrose University, Davenport, IA, 2007-2008
- Committee to Assess Administrators, St. Ambrose University, Davenport, IA, 2007-2008

Honors and Awards:

- St Ambrose University Graduate Faculty of the year 2005-2006
- St Ambrose University Graduate Faculty of the year 2004-2005
- Iowa Physical Therapy Association and Foundation Clinical research Award

Continuing Education Attended:

- Mulligan Concept, Rick Crowell PT, MS, GDMT, FAAOMPT, MCTA, St. Ambrose University, Davenport, IA, January 12-13, 2008 – 15 hrs
- 13th Annual AAOMPT Conference, St. Louis, MO, October 19-21, 2007 – 17.5 hrs
- Diagnosis and Classification of Whiplash, Michelle Sterling PhD, MPhty, BPhy, St. Louis, MO, October 18, 2007 – 7.5 hrs
- Spinal Manipulation: Fourth Annual Update for Physical Therapists, Osteopathic Physicians and Medical Doctors” Course 2, Tulsa, OK, March 8-9, 2007 – 15 hrs
- The Science and Art of Treating Instability of the Lumbo-Pelvic Region, John Tomberlin PT, FAAOMPT, St. Ambrose University, Davenport, IA, August 25-27, 2006
- Advanced Intervention for the Spine: an Eclectic Approach, David Johnson PT, PhD, FAAOMPT, St. Ambrose University, Davenport, IA January 13-16, 2006
- AAOMPT Annual Conference, Salt Lake City, UT, October 14-16, 2005 – 16 hrs

- Manual Therapy to the Spine and Extremities, Jim Meadows BSc.PT., FCAMT, Salt Lake City, UT, October 12-13, 2005 – 14 hrs
- AAOMPT Annual Conference, Louisville, KY, October 2004 – 16 hrs
- Mulligan Concept (Advanced), Brian Mulligan FNZSP(Hon), DIP MT, Louisville, KY, October 2004 – 14 hrs
- First Annual Spinal Manipulation for Physical Therapists, Osteopathic Physicians and Medical Doctors, Courses 1 & 2, Philip Tehan PT, Osteopath, Peter Gibbons Osteopath, Tim Flynn PT, PhD, FAAOMPT, Oklahoma City, OK, March 2004 – 30 hrs
- The Cervical Spine-Research Based Clinical Practices (A Lab Course), Gwendolen Jull PT, PhD, Chicago, IL, February 2003 – 14 hrs

Current Teaching Responsibilities in Entry-Level Physical Therapy Program:

- Musculoskeletal Therapeutics I (12 contact hrs), Teaching Practicum for Residency Students (1 contact hr), Fall Semester of year two
- Musculoskeletal Therapeutics II (10 contact hours), Teaching Practicum for Residency Students (1 contact hr), Orthotics and Prosthetics (4 contact hours), Spring Semester of year two